



Physical Education

### Our whole School curriculum intent believes:

At Ercall Wood Academy our students will experience a highly personalised, modern curriculum, rich in variety and diversity, yet underpinned by traditional values. The structure of our curriculum design is presented within two different documents. Firstly, our curriculum map, which outlines subjects studied at Key Stage 3 and Key Stage 4. Secondly, our five year curriculum overviews which specify the intent, implementation and impact of each individual subject.

Our curriculum is challenging and designed to help to address social injustice by providing our students with the essential core knowledge and skills that are commonly possessed by successful citizens which will enable them to positively contribute to their community. No child will be disadvantaged by our curriculum. At both KS3 and KS4 our curriculum is underpinned by our whole school values:

- Believe - Achieve - Succeed

We **believe** in our students and through our challenging yet broad curriculum we will engender **self-belief** in our students. Through inspirational and innovative teaching of our curriculum, we will instil a drive in them to **achieve** and become the very best that they can be, preparing them for **success** in life. Our curriculum aims to develop the whole person and the talents of the individual and to allow all students to become active and economically self-sufficient citizens.

The key priorities within our challenging and broad curriculum are:

- To provide an ambitious curriculum for all students which contains the necessary range of knowledge, skills and experience that prospective employers demand from their candidates.
- To deliver high quality cross curricular project-based learning to further develop students 21<sup>st</sup> century employment skills such as critical thinking, problem solving, communication, collaboration and innovation.
- To create an inclusive environment based on the core principles of equality and respect.
- To explore and clarify student beliefs and values and help them to learn to think and speak for themselves.
- To ensure that our curriculum develops skills for learning, life and work by making learning relevant and helping students apply lessons to their life beyond the classroom.
- To ensure that our curriculum incorporates regular retrieval practice to strengthen memory and maximise cognitive development.

• To inspire our students to succeed through the challenge and enjoyment of learning and to respect themselves, their community and the environment in which they are an integral part.

### **Enrichment Opportunities**

We believe that opportunities to bring the curriculum to life should be integral. We passionately believe that our students should sample a wealth of exciting new experiences to broaden their horizons, open doors of opportunity, hope and aspiration for all, regardless of their circumstances. Our enrichment activities aim to further equip students with the knowledge and cultural capital they need to succeed in life.

### Our intention for our curriculum is:

At Ercall Wood Academy, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide access to all students to high quality PE and sporting opportunities. It is our intent for every student to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our students through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our students to appreciate the benefits of a healthy and physically active lifestyle. Through the PE department at Ercall Wood Academy we have a multitude of experienced staff who have expertise in a range of sports. Through our teaching of PE, we will provide opportunities for our students to develop sporting values and transferrable life skills such as etiquette, fairness and resilience as well as providing them with opportunities to take part in competitive sport.

Beyond merely a subject, we believe that participation in sporting activity is a key element of developing a school in which students are proud of the community in which they belong. For this reason, a great emphasis is placed upon additional sporting opportunities beyond the lesson within after-school clubs, inter-house and inter-school competition as well as directly trying to support the local clubs within the Telford & Wrekin area and our feeder schools. We believe this encourages our students to be active participants within their community, instil fundamental values and equip students to be life ready.

Students will experience a broad and balanced PE curriculum, which teaches our students the tactics and strategies needed to overcome opponents in direct competition through team and individual games and develop their technique and improve their performance in other competitive sports. They will take part in outdoor and adventurous activities which present intellectual and physical challenges and they will be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. They will analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.

At the end of KS3, students will acquire and develop skills and learn how to select and apply these skills, including basic tactics into game situations. In addition, students are encouraged to develop more consistent and intelligent skill performances and positive attitudes to participation in physical activity.

At the end of KS4, every student will cover 3 core sports throughout the year and in addition will be given a choice option of covering additional sports in line with their own interests.

In OCR Sports Studies, students will further develop their knowledge of sport by exploring 4 units. The units include an examination in Contemporary issues in sport, they will develop sports skills as a performer and official. They will also have the opportunity to deliver a sports session as part of sports leadership and they will take part in an outdoor activity as part of the Outdoor Activities unit.

Linking our curriculum intention to our local community and real-life links to content:

The curriculum, through enrichment and real-life experiences during the school day and within enrichment opportunities, will maximise the use of the local area.

We will link our curriculum to the following:

- Local Sports Clubs and Initiatives Chance 2 Shine
- County Sport representatives Football / Handball / Rugby
- Local Schools / Feeder Schools
- Local Outreach Centres Arthog supports the R056 Outdoor Activities Unit

# Year 7 Curriculum implementation

### BUILDING

Students will participate in activities that link the specific sport being studied and apply previous KS2 knowledge of physical activity. They will develop skills to solve problems during team games and analyse their own and others work through self and peer reflection. Students will be given the opportunity to lead small group activities or warm ups. Students will be encouraged to volunteer to lead tasks and help contribute individually or as part of a team.

Within each sporting area students will link their learning to the OCR Sports Studies qualification having a theme for each year group. Year 7 will concentrate on understanding the rules and scoring systems within a range of sports and with support they will have opportunities to lead small groups in warm ups, activities and cool downs; this directly links to the R052 Developing Sports Skills unit and R053 Sports Leadership unit.

Students will access a range of sports that are adaptable to the needs of the individual learner, creating more of a bespoke pathway for the students at Ercall Wood. For example if we have a group of students studying the invasion section of the curriculum, the teacher and class can determine which sports are encountered to best develop the needs of the learner.

Students will develop understanding and knowledge across all sporting areas in Year 7, they will BUILD on the foundations of skills throughout their time at Ercall Wood. Students will participate in at least 6 sports throughout the year from a range of topics as shown below:

Invasion – Football, Rugby, Netball, Dodgeball, Handball and Basketball.

Fitness – Health Related Exercise – Fitness testing, Cardiovascular work, Muscular endurance activities.

**OAA** - Outdoor adventure activities – Team building activities, Orienteering, Problem solving.

**Net/Wall** – Badminton, Volleyball, Tennis and Table Tennis.

Athletics - Track - 100m, 200m, 300m, 800m, 1500m - Field - Javelin, Discus, Shotput, Long Jump

	INVASION	FITNESS	OAA	NET/WALL	ATHLETICS	STRIKING/FIELDING
YEAR 7	Students are	Students will understand	Students will	Students will	Students will have a good	Students will have a good
	taught the	the basic components of	understand new	understand the basic	knowledge of all activities	understanding of
KNOWLEDGE	foundations of the	physical fitness that	skills and techniques	rules within table	categorised as athletics.	rounders, softball, and
	activities within	contribute to successful	as they move from	tennis, volleyball, and	They will perform a range	cricket. They will know a
	this area.	performance. Students	familiar activities and environments into	badminton. Students	of throws, jumps and	range of throwing and

	Students will understand the rules and regulations within each activity. Students will be able to <b>apply</b> skills to conditioned scenarios within game-based situations. Students will demonstrate the core value of <b>Respect</b> in each activity.	will <b>understand</b> the different types of equipment and the health and safety expectations within the fitness environment. Students will <b>remember</b> the benefits of exercise and will also remember the short-term effects of exercise.	less familiar ones. In outdoor and adventurous activities, pupils <b>develop</b> their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. Students will carry out tasks safely, as they move from familiar activities and environments into unfamiliar and changing circumstances, often leading and managing themselves.	will understand how to serve and have two or more shots that they can use during a rally. Students will develop leadership skills through officiating and <b>apply</b> the rules within the role of an official. Students will <b>understand</b> the components of fitness required to develop a successful performer in the net and wall activities.	running events, with a basic knowledge of technique. Students will manage themselves and others within all athletics activities, they will keep times, and <b>apply</b> the rules to varying events. Students will demonstrate the core value of <b>discipline</b> ; several activities can be dangerous to all and require students to remain disciplined. Students will be able to <b>identify</b> which events require specific components of fitness.	catching techniques and know the rules for each sport. Students will be able to lead a warmup to their peers, <b>applying knowledge</b> from previous blocks and using a range of communication strategies. Students will develop a number of <b>decision making</b> skills, where to field the ball most effectively and where to strike the ball when batting, students will develop the core value of <b>enjoyment</b> within this activity area by drawing of previously learnt skills and <b>applying</b> them to a competitive yet enjoyable activity area.
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# Year 8 Curriculum implementation

## DEVELOPING

Students will participate in activities that link to the specific sport being studied and apply previous year's knowledge of physical activity. They will develop skills to solve problems during team games and analyse their own and others work through self and peer reflection. Students will be given the opportunity to lead small group activities or warm ups. Students will be encouraged to volunteer to lead tasks and help contribute individually or as part of a team.

Within each sporting area students will link their learning to the OCR Sports Studies qualification having a theme for each year group. Year 8 will understand the meaning of sporting etiquette and demonstrate this in different sports. They will understand the terms of sportsmanship and gamesmanship and reflect on how it is used in sport. This directly links to the examination unit in Contemporary Issues in Sport.

Students will access a range of sports that are adaptable to the needs of the individual learner, creating more of a bespoke pathway for the students at Ercall Wood. For example if we have a group of students studying the invasion section of the curriculum, the teacher and class can determine which sports are encountered to best develop the needs of the learner.

Students will develop understanding and knowledge across all sporting areas in Year 8, they will DEVELOP on the foundations of skills throughout their time at Ercall Wood. Students will participate in at least 6 sports throughout the year from a range of topics as shown below:

Invasion – Football, Rugby, Netball, Dodgeball, Handball and Basketball.

Fitness – Health Related Exercise – Fitness testing, Cardiovascular work, Muscular endurance activities.

OAA - Outdoor adventure activities – Team building activities, Orienteering, Problem solving.

Net/Wall – Badminton, Volleyball, Tennis and Table Tennis.

Athletics - Track - 100m, 200m, 300m, 800m, 1500m - Field - Javelin, Discus, Shotput, Long Jump

	INVASION	FITNESS	OAA	NET/WALL	ATHLETICS	STRIKING/FIELDING
YEAR 8	Students are	Students will	Students will <b>apply</b>	Students will a <b>pply</b> the	Students will have the	Students will have an ability to
	taught the	a <b>pply</b> the basic	new skills and	rules within table tennis,	ability to <b>demonstrate</b> all	differentiate tactics within
DEVELOPING	application of	components of	techniques as they	volleyball, and	activities categorised as	rounder's, softball, and cricket,
	skills in	physical	move from familiar	badminton. Students will	athletics. They will perform	making decisions of who to
	competitive	fitness that	activities and	understand how to serve	a range of throws, jumps	position in key areas of the field.

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situations within	contribute to	environments into	and have a range of shots	and running events, with a	They will perform competently a
this area.	successful	less familiar ones.	that they can use during	sound application of	range of throwing and catching
Students will	performance.	In outdoor and	a rally. Students will	technique. Students will	techniques and know and apply
apply the rules	Students will	adventurous	develop leadership skills	manage themselves and	the rules for each sport. Students
and regulations	be able to	activities, pupils	through officiating and	others within all athletics	will be able to lead an isolated
within each	apply the	develop their	apply the rules within the	activities, they will keep	practice to their peers, applying
activity. Students	different types	ability to respond	role of an official. They	times, and <b>apply</b> the rules	knowledge from previous blocks
will be able to	of equipment	effectively to	will reflect on their	to varying events. Students	and using a range of
analyse skills	and the health	problems and physical	application of the rules	will give feedback to peers	communication strategies. They
used reviewing	and safety	challenges, both	and be able to reflect on	aiding progression.	will also <b>reflect</b> on their delivery
scenarios within	expectations	individually and in	the impact they had	Students will demonstrate	methods and make
game-based	within the	cooperation with	within a game identifying	the core value of	recommendations for future
situations.	fitness	others. Students	areas they could have	discipline, when students	sessions. Students will develop
Students will	environment.	will <b>analyse</b> , plan	improved. Students will	face adversity for example	application of skills, they will
demonstrate the	Students will	and carry out tasks	apply the components of	1500m race, students will	have to learn what shots to play
core value of	remember the	safely, as they	fitness to demonstrate a	demonstrate enough	and what tactics to apply and
discipline in each	benefits of	move from familiar	deep knowledge of	discipline and resilience to	when it is most appropriate to do
activity.	exercise and	activities and	attributes required to	persevere and continue to	so, students will develop the core
	will also	environments into	make an exceptional	apply the tactics from the	value of <b>enjoyment</b> within this
	remember the	unfamiliar and	performer within net and	beginning of the race.	activity area by drawing of
	short-term	changing	wall activities.	Students will be able to	previously learnt skills and
	effects of	circumstances, often leading and		distinguish which events	applying them to a competitive
	exercise.	managing		require specific	yet enjoyable activity area.
		themselves.		components of fitness and	
		themselves.		be able to explain why	
				they are needed.	
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## Year 9 Curriculum implementation

## EMBEDDING

Students will participate in activities that link to the specific sport being studied and apply previous year's knowledge of physical activity. They will develop skills to solve problems during team games and analyse their own and others work through self and peer reflection. Students will be given the opportunity to lead small group activities or warm ups. Students will be encouraged to volunteer to lead tasks and help contribute individually or as part of a team.

Within each sporting area students will link their learning to the OCR Sports Studies qualification having a theme for each year group. Year 9 will develop skill analysis and evaluative their skills to support their learning. They will embed their skills from discrete situations to serial and will further develop leadership skills across all sporting areas. These themes directly link to the R052 Developing Sports Skills unit and R053 Sports Leadership unit.

Students will access a range of sports that are adaptable to the needs of the individual learner, creating more of a bespoke pathway for the students at Ercall Wood. For example if we have a group of students studying the invasion section of the curriculum, the teacher and class can determine which sports are encountered to best develop the needs of the learner.

Students will develop understanding and knowledge across all sporting areas in Year 9, they will EMBED on the foundations of skills throughout their time at Ercall Wood. Students will participate in at least 6 sports throughout the year from a range of topics as shown below:

Invasion – Football, Rugby, Netball, Dodgeball, Handball and Basketball.

Fitness – Health Related Exercise – Fitness testing, Cardiovascular work, Muscular endurance activities.

Trampolining – Novice and Elite skills learnt.

Net/Wall – Badminton, Volleyball, Tennis and Table Tennis.

Athletics – Track – 100m, 200m, 300m, 800m, 1500m – Field – Javelin, Discus, Shotput, Long Jump

TERM	INVASION	FITNESS	TRAMPOLINING	NET/WALL	ATHLETICS	STRIKING/FIELDING
YEAR 9	Students are taught	Students will	Students will understand	Students will evaluate	Students will have the	Students will have an ability
	the application and	a <b>nalyse</b> the	landings-seat, front and	peer's performance in	ability to apply learnt skills	to <b>analyse</b> the effectiveness
EMBEDDING	the ability to	basic	back. Understand	table tennis,	to increase their	of tactics applied within
	evaluate the	components	twisting into and out of	badminton, and	performance across a	rounders', softball, and
			landings-focusing on			

effectiveness of skills in competitive situations within this area. Students will <b>analyse</b> the rules and regulations and review the appropriateness of their own decision within each activity.	of physical fitness that contribute to successful performance. They will also improve their own components of fitness.	responding with body and mind to the demands of trampolining. Improve Body-flexibility, muscular endurance. Improve mind- confidence, persistence. Understand complex twisting-roller, turntable, cradle.	volleyball, they will feedback to improve performance and then students will act upon feedback. Students will be able to perform a serve, a rally, defensive shots and attacking shots, all to a competent	range of athletics activities. They will perform a range of throws, jumps and running events, with an excellent <b>application</b> of technique. Students will manage themselves and others within all athletics activities, they will keep times. Students will lead	cricket, making alternations of who to place in key areas of the field. They will perform a range of throwing and catching techniques and know and apply the rules for each sport and have the ability to officiate a game with confidence and control. Students will be able to lead
situations discussing the impact the skills used have had on the outcomes within the games. Students will demonstrate the core value of <b>teamwork</b> in each activity. When reviewing performance students will need to work together in order to aid development.	performance based on a sport of their choice. Students will <b>apply the</b> benefits of exercise to actively performing within their own training design and will also remember the short-term	confidence, persistence to cope with demands of trampolining. Develop coaching/leadership role. Combination moves-seat drop to front drop, front drop to seat drop, front drop to back drop. Complex twisting-roller, turntable, cradle. Perform a 10 bounce routine with some control, fluency and body tension. Be able to <b>analyse</b> 10 bounce routines/complex	game <b>applying</b> rules and regulations, they will also lead a skill- based development session where they will direct students identifying areas to improve upon. Students will <b>evaluate</b> the performer's performance. Students will be able to demonstrate the core value of <b>discipline</b> within this section as they will be	the core value of <b>discipline</b> , when students face adversity for example 1500m race, students will demonstrate enough discipline and resilience to persevere and continue to apply the tactics from the beginning of the race. Students will be able to <b>analyse</b> the physical benefits of each athletics discipline and will be able to compare individual's attributes and recommend	communication strategies which impact a game positively. They will also <b>reflect</b> on their delivery methods and make recommendations for future sessions. Students will have a consistent approach to the <b>application</b> of skills, they can select what shots to play and what tactics to apply and when it is most appropriate to do so, students will develop the core value of <b>enjoyment</b> within this activity area by drawing on

effects of	twisting identifying	focusing heavily on	an activity that may suit	previously learnt skills and
exercise.	strengths and weaknesses-use of video camera. Use of ipads- make decisions about what to do to improve their performance and the performance of others, set targets to monitor improvement. <b>Analyse</b> own and peers performance.	leadership and officiating.	the performer.	<b>evaluating</b> them to impact performance to a competitive yet enjoyable activity area. Students will explain what components of fitness suit specific positions within each sport.

# Year 10 Curriculum implementation

### APPLYING

Students will participate in activities that link to the specific sport being studied and apply previous year's knowledge of physical activity. They will develop skills to solve problems during team games and analyse their own and others work through self and peer reflection. Students will be given the opportunity to lead group activities and warm ups. Students will be encouraged to volunteer to lead tasks and help contribute individually or as part of a team.

Within each sporting area students will link their learning to the OCR Sports Studies qualification having a theme for each year group. The theme for Year 10 is to understand the roles of an official and demonstrate effective umpiring and refereeing. Students will apply the skills of umpiring and refereeing to their peers in a range of sporting areas over the year. These themes directly link to the R052 Developing Sports Skills.

Students will develop creative skills; they will APPLY skills from serial to applying them into competitive situations and will further develop leadership skills across all activity areas in Year 10. Students will participate in at least 6 sports throughout the year from a range of topics as shown below:

Invasion – Football, Rugby, Netball, Dodgeball, Handball and Basketball.

Fitness – Health Related Exercise – Fitness testing, Cardiovascular work, Muscular endurance activities.

Trampolining – Novice and Elite skills learnt.

Net/Wall – Badminton, Volleyball, Tennis and Table Tennis.

Athletics – Track – 100m, 200m, 300m, 800m, 1500m – Field – Javelin, Discus, Shotput, Long Jump

TERM	INVASION	FITNESS	TRAMPOLINING	NET/WALL	ATHLETICS	STRIKING/FIELDING
YEAR 10	Students are taught	Students will	Students will apply and	Students will create new	Students will have	Students will have an
	how to respond to	evaluate the	demonstrate landings-seat,	skills sessions to improve	the ability to apply	ability to <b>create</b> new
APPLYING	self and peer	basic	front and back. Demonstrate	peer's performance in table	learnt skills to	tactics and <b>discuss</b> the
	evaluation and	components of	twisting into and out of	tennis, badminton, and	increase their	effectiveness of tactics
	create new ideas	physical fitness	landings-focusing on	volleyball, they will evaluate	performance	applied within rounders',
	and methods of	that contribute	responding with body and	the skills being developed to	across a range of	softball, and cricket, they
	training to develop	to successful	mind to the demands of	improve performance and	athletics activities.	will be able to perform
	in competitive	performance.	trampolining. Improve Body-flexibility,	then students will act upon	They will perform a	serial skills autonomously
	situations within	They will	muscular endurance. Improve	feedback. Students will be	range of throws,	and will impact a game

this area. Studentswill create newways to apply rulesand review theirpreviousperformances toensure the gameflows more freely.Students will beable to create newdrills/ ways todevelop their skillsidentified as inneed ofimprovement.Students willdemonstrate thecore value ofSportsmanship ineach activity. Whencompeting andattempting toimprove studentswill understanding	implement these into their training sessions and choose the most appropriate exercise for each. Students will <b>evaluate</b> their training plan to develop their own performance based on a sport of their choice. students will <b>evaluate</b> how they have benefited their own fitness levels through a range of exercises and will pow	mind-confidence, persistence. Demonstrate complex twisting-roller, turntable, cradle. Develop physical strength, stamina and flexibility to cope with the demands of trampolining. Increase confidence, persistence to cope with demands of trampolining. Develop coaching/leadership role. Combination moves-seat drop to front drop, front drop to seat drop, front drop to back drop. Complex twisting- roller, turntable, cradle. Perform a 10 bounce routine with good control, fluency and body tension. Be able to <b>analyse</b> 10 bounce routines/complex twisting identifying strengths and weaknesses-use of video camera. Use of ipads-make decisions about what to do to	able to perform a serve, a rally, defensive shots and attacking shots, all to a high level which can outwit an opponent in a competitive game. Students will officiate a competitive game. They will consistently allow the game to flow demonstrating a broad knowledge of rules but also have the ability to <b>evaluate</b> the situation and quickly process rules and regulations to make an informed and accurate decision, they will also lead a skill and tactical based development session where they will direct students identifying areas to improve upon. Students will <b>evaluate</b> the performer's performance. Students will be able to demonstrate the	jumps and running events, with an excellent <b>application</b> of technique. Students will have the ability to self- develop, through video and peer analysis, they will then perform a skills audit to recommend areas to improve upon. Students will lead session to younger students and <b>apply</b> knowledge they have learnt in turn they will develop a range of leadership attributes. Student will demonstrate the core value of	positively. Students will be able to lead a competitive practice to their peers, <b>evaluating</b> the impact players have on the team's performance, they will be able to use a range of attributes to impact a game's outcome focusing on strategy. Students will have a range of skills developed and the approach to the <b>application</b> of skills is becoming autonomous, students will develop the core value of <b>enjoyment</b> within this activity area by drawing on previously learnt skills and <b>creating</b> new plays to impact performance to a competitive yet enjoyable
<b>Sportsmanship</b> in each activity. When competing and attempting to	how they have benefited their own fitness levels through a range of	analyse 10 bounce routines/complex twisting identifying strengths and weaknesses-use of video camera. Use of ipads-make	they will direct students identifying areas to improve upon. Students will <b>evaluate</b> the performer's	knowledge they have learnt in turn they will develop a range of leadership attributes. Student	core value of <b>enjoyment</b> within this activity area by drawing on previously learnt skills and <b>creating</b> new plays to impact

	Ye	ear 10 and 11 OCR S	ports Studies Curri	culum impleme	entation	
TERM	1	2	3	4	5	6
	RO53 – SPOR	TS LEADERSHIP	RO51 – CONTEMPORAR (EXAM UNIT – SIT EXA		RO56 – OUTDOO	R ADVENTURES
Year 10	role of coach, manager, te sport leaders can shape th influencing and inspiring t participate and perform in completing this unit, learn the knowledge, understan required to be an effective deliver, and review safe an activity sessions themselv encouraged to consider an and, by doing so, develop communicate with an aud practical demonstration, a situations and the different those they are leading. Th 60 marks.	in any sport; adopting the eacher or team captain, he development of sport by hose around them to a sporting activities. By hers will develop some of ading and practical skills e sport leader and plan, and effective sporting es. They will be and evaluate their delivery their ability to lience verbally and through and adapt to developing at needs and abilities of e Leadership Unit is worth w the personal qualities, pilities associated with b. (9 marks – written task) able to plan sports activity por lesson plan and 8 for	(EXAM UNIT – SIT EXA It is often said that sport is society and, as such, many which affect society are als For the same reasons, spor for good at local, national a levels, because of its ability together. By completing the explore a range of topical a issues in sport, relating to and barriers, the promotio ethical behaviour through high-profile sporting event governing bodies in advance to positively impact upon so their worth beyond provid Students will study the exa until May and sit their exar 10. The exam is out of 60 m can re-sit the exam in Year duration of the written exa Students will cover the foll outcomes through theory I Learning Outcome 1: Under which affect participation is	a reflection of of the broad issues o prevalent in sport. t can also be a force and international t to bring people is unit, learners will and contemporary participation levels n of values and sport and the role of s and national cing sports' attempts ociety and showcase ing entertainment. m unit from January n in the May of Year narks and students 11 (January). The im is 1 hour. owing 4 learning essons:	Outdoor activities are gro activities that take place is environment. These activ meticulous planning and participants to develop sl transferable in everyday organisations increasingly adventurous activities as away-days and team built requiring individuals to w develop their problem-so communication skills as a this unit, learners will kno outdoor activities that are and be able to identify or provide access to these a be able to appreciate the become involved in these they face when participat consider how to plan and able to participate in one understanding of health a assessments in outdoor s planning for a group activ variables, and they will de communication, decision skills in challenging scena	in a natural, outdoor vities usually involve preparation and enable kills that are useful and life. For this reason, y use outdoor and the basis for team ding exercises, vork collaboratively and olving and a group. By completing ow about the range of e available in the UK ganisations that ctivities. They will also reasons why people e activities and the risks ting. Learners will outdoor activity and be and safety and risk cenarios, of detailed vity with multiple evelop their making and leadership

Learning Outcome 3: Be able to deliver sports	Learning Outcome 2: Know about the role of	
activity session. (18 marks – practical task)	sport in promoting values.	Learning Outcome 1: Know about different types of outdoor activities and their provision. (9
Learning Outcome 4: Be able to evaluate own	Learning Outcome 3: Understand the	marks – written task).
performance in delivering a sports activity session. (15 marks – written task)	importance of hosting major sporting events.	Learning Outcome 2: Understand the value of
	Learning Outcome 4: Know about the role of national governing bodies in sport.	participating in outdoor activities (9 marks – written task).
		Learning Outcome 3: Be able to plan an outdoor activity. (21 marks – written tasks. Part 1 is out of 12 and part 2 is out of 9 – written tasks).

TERM 1	2	3	4	5
RO56 - OUTDOOR ADVENTURESStudents will start Year 11 off by finishing their practical assessment plans. Practical assessments will take place at the end of September and students will all do Abseiling and Rock Climbing as their outdoor sports unless students can provide video evidence in other listed sports.Learning Outcome 4: Be able to demonstrate knowledge and skills during outdoor activities (21 marks. Part 1 is out of 12 and part 2 is out of 9 – Practical assessment)	RO51 – CONTEMPORARY ISSUES IN SPORT (EXAM UNIT – SIT EXAM 2 <sup>ND</sup> ATTEMPT JANUARY YEAR 11) In the Autumn term 2 students will go over the LO1-4 criteria that they covered in Year 10. This will be done through theory lessons and specific revision techniques. Students will sit mock papers, review these and see how they can improve. Staff will they covered sections that the students are struggling with in order to ensure that all areas are covered. This will be group dependant of course.	RO52 – DEVELOPING SPORTS SKILLS (JUST LO4 COURSEWORK ASSIGNMENT). While becoming an elite sports performer is a dream which not everyone is able to realise, many of those who are involved in sport and the sports and leisure industries in different roles (e.g. Physical Education teachers, sports officials, roles within national governing bodies, sports facility management) enter into these roles because they developed an interest in sport and physical activity through performing. Participation in sport and physical activity provides young people with a range of transferable skills. They can learn to work both independently and as part of a team; to communicate with team mates, or to an audience through performance; to perform under pressure; to use initiative to solve problems and make decisions considering rapidly changing conditions around them. By completing this unit, learners will develop their skills, techniques and use of tactics/strategies/ compositional ideas in both an individual and a team sporting activity, as well as their understanding of the rules to allow them to act in a number of officiating roles within an activity. They will also consider the use of different practice methods in order to improve their performance. The unit builds upon the core themes of the National Curriculum for Physical Education in Key Stages 3 and 4 and offers learners the opportunity to refine and showcase skills developed as part of that programme of study. Students to be assessed on LO1, LO2 and LO3 in core PE. Learning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activity. (15 marks – practical assessment)	STUDENTS TO UPDATE COURSEWORK IN RO52, RO53 AND RO56.	FINISH MAY 15TH

	which affect participation	Learning Outcome 2: Be able to use skills, techniques and	
	in sport.	tactics/strategies/ compositional ideas as a team performer in	
		sporting activity. (15 marks – practical assessment)	
	Learning Outcome 2:		
	Know about the role of	Learning Outcome 3: Be able to officiate in a sporting activity. (15	
	sport in promoting values.	marks – practical assessment)	
	Learning Outcome 3:	Learning Outcome 4: Be able to apply practice methods to	
	Understand the	support improvement in a sporting activity. (15 marks – written	
	importance of hosting	task)	
	major sporting events.		
	Learning Outcome 4:		
	Know about the role of		
	national governing bodies		
	in sport.		

### Impact of our curriculum:

To ensure that all students achieve mastery in specified skills, techniques and tactics, knowledge and understanding for students will be formatively assessed regularly at KS3 through standardised observations at the end of each half term. Students will compete across the sporting areas in which they have been studying and will be assessed against the 'I can' criteria.

The impact of the curriculum upon students becoming athletes or sports analysts who can make critical and balanced judgements can be tracked through students' participation in sports clubs, sports events/ festivals, whether they watch current sporting events, read health and sport publications that relate to issues in sport and whether students choose to do OCR Sports Studies in KS4. KS4 success is judged on every unit based on the marking policies and procedures for the controlled assessment.